A Most Stressful Profession: Promoting Civility and Sanity in the Practice of Law

LIVE and WEBCAST
Friday, December 7, 2018
North Carolina Bar Center
8000 Weston Parkway
Cary

REGISTER TODAY!
Save 10% if registration is received by November 16, 2018.
www.tinyurl.com/CLE824ETH

TOTAL CLE CREDIT

4.0 HOURS
Ethics/Professional Responsibility

3.0 HOURS
Substance Abuse/Mental Health

1.0 HOUR
In an age abounding with stories of public and private incivility, division and discrimination, how can lawyers model and promote good behavior in their interactions with members of the bench, bar and public? And in a time when individual struggles with stress and depression make news every day, how can lawyers recognize and respond to warning signs in themselves and others in ways that promote individual flourishing?

Our featured speaker forges the way by focusing on recent studies relating to interactions between bench and bar, and by exploring the ABA’s 2017 report “The Path to Lawyer Well-Being” and the 2016 anti-discrimination amendment to Model Rule 8.4. Following the featured speaker, three panels of experienced North Carolina attorneys and judges engage program attendees in a lively discussion featuring the use of hypotheticals.
FRIDAY, DECEMBER 7, 2018 | 9:15 a.m. – 3:30 p.m.

9:15  Registration and Continental Breakfast

9:55  Welcome and Program Announcements

10:00  Keynote Address with Professor Tonja Jacobi*
Tonja Jacobi is the co-author of a recent study of the rate at which U.S. Supreme Court Justices interrupt each other during oral argument. Her presentation focuses on this study and its implications for efforts to strengthen professionalism within the bench and bar, including recent efforts by the ABA.

10:45  Break

11:00  When a Lawyer (or Judge) Behaves Badly*
Judge Eagles, Doyle, Matthews and Sheppard
This session examines situations in which lawyers or judges (or clients) engage in behavior that is discriminatory, uncivil, or inappropriate toward other professionals or people appearing before them or working with them.

1:30  When a Lawyer (or Judge) Needs Assistance*
Judge Bryant, Hicks, Savage and Zyglis
This session focuses on situations in which a lawyer or judge observes another professional engaging in behavior that calls into question that individual’s professional competence or mental or physical stability, and discusses the resources available to the observer as well as the professional whose behavior has caused concern.

2:30  When the One Who Needs Help is You†
Judge Hall, Cheshire and McClinton
This session focuses on the ways a lawyer can recognize when his/her professional life is suffering because of personal struggles, whether due to physical or mental health issues, personal or financial difficulties, or something else.

12:15  Lunch and Special Presentation: How to Create Mini-Moments of Wellbeing with Mindfulness | Mahr
This presentation does not qualify for MCLE credit.

3:30  Adjourn

* Indicates portion providing Ethics/Professional Responsibility credit
† Indicates portion providing Substance Abuse/Mental Health credit
SPEAKERS

• **Judge Wanda G. Bryant**, North Carolina Court of Appeals, Raleigh
• **Judge Catherine C. Eagles**, U.S. District Court for the Middle District of North Carolina, Greensboro
• **Judge David Hall**, North Carolina Superior Court, Winston-Salem
• **Joseph B. “Joe” Cheshire V**, Cheshire Parker Schneider & Bryan, Raleigh
• **Sean Doyle**, MCNC, Research Triangle Park
• **Richard Hicks**, HRC Behavioral Health and Psychiatry PA, Chapel Hill
• **Tonja Jacobi**, Northwestern University School of Law, Chicago
• **Laura D. Mahr**, Conscious Legal Minds, Asheville
• **Dayatra Matthews**, Local Government Federal Credit Union, Raleigh
• **Claudia McClinton**, McNeil Law Firm, Raleigh
• **Warren Savage**, Lawyers Mutual Liability Insurance Company of North Carolina, Cary
• **Maureen M. Zyglis**, Parker Poe Adams & Bernstein LLP, Raleigh

SPECIAL ACCOMMODATIONS
NCBA makes every effort to ensure a quality learning experience. If you have dietary restrictions or need special accommodations, please contact us at least one (1) week prior to the program start date.

CLE SCHOLARSHIPS
CLE scholarships are available. Contact Membership Services at 800.662.7407 or email Amy Kemple at akemple@ncbar.org for more information.

HOTEL INFORMATION
Contact hotels directly for reservations at the special NCBA room rate. Rates are based on availability and rooms may sell out.

Embassy Suites
201 Harrison Oaks Boulevard, Cary
• **Nightly Rate**: $169 single/double
• **Reservations**: 919.677.1840 or www.tinyurl.com/NCBA-Embassy
• **Corporate Account Code**: 2691626

TownePlace Suites by Marriott
120 Sage Commons Way, Cary
• **Nightly Rate**: $114 studio queen with sleeper sofa (Sunday–Thursday)
• **Reservations**: 919.678.0005
• **Ask for the NCBA corporate rate.**

PLANNERS

• **Judge Lucy N. Inman**, North Carolina Court of Appeals, Raleigh
• **Lisa M. Sheppard**, Chief Justice’s Commission on Professionalism, Raleigh
• **Kathryn W. Bradley**, Duke University School of Law, Durham

PROGRAM SPONSOR
This program is sponsored in part by the North Carolina Lawyer Assistance Program and Lawyers Mutual.

We extend our sincere gratitude to the NCBA Professionalism Committee, the NCBA Justice and Judiciary Committee, and NC BarCARES, as well as the planners and speakers who volunteer their time and expertise toward the goal of presenting an educational program of the highest quality.
REGISTER TODAY!

Online: www.tinyurl.com/CLE824ETH | By phone: 800.228.3402
By mail: Attn: Accounting–NCBA, 8000 Weston Parkway, Cary, NC 27513

STEP 1: Tell us who you are. (Please print clearly.)
Print Full Name: ________________________________
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NC State Bar No. (Required for MCLE Credit): ________________

STEP 2: Select your tuition rate. (Register early and save 10%. Payment must be received three (3) weeks prior to program date to qualify for the early rate.)
Standard Rate:  ☐ $215 / ☐ $195 Early
NCBA Member:  ☐ $180 / ☐ $160 Early
CLE Premier Pass:  ☐ $0

STEP 3: Select your learning format.
☐ Live (824ETH)  ☐ Webcast (824LWC)  ☐ Video Replay (See below.)

Video Replay registration (if selected).
Video Replays are scheduled for this program. The agenda may not include certain breakouts/tracks shown at the original program. For a list of dates and locations, visit www.tinyurl.com/CLE824ETH and indicate your choice below.
Location: __________________________ Date: _________ Code: _________

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I am registering for this program at the tuition rate checked above.
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Card Number: ____________________________ Exp. Date: _________
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Discounts may be available for NCBA members who are students, law professors, judges or legal services/public interest attorneys. Call CLE at 800.228.3402 for details.
REGISTRATION: All registrations are processed after payment is received. To qualify for the early tuition rate, payment must be received prior to the deadline indicated. Stated early discount rate percentage is approximate. Registrations may be capped based on venue size and may include an overflow room with additional seating. CHANGES TO EXISTING REGISTRATIONS: Should an attendee need to cancel his or her registration to a Live, Webcast or Video Replay program, the cancellation request must be received by 9:00a ET one (1) week prior to the start of the program to receive a full refund. Any attendee requesting cancellation less than one week prior to the program will receive a refund, less a $75 administrative fee. An attendee may choose to transfer his or her registration to a program of the same program only. Transfer requests must be received by 9:00a ET one (1) business day prior to the program start date. An attendee may further choose to substitute his or her registration to a Live or Video Replay program only. Substitution means sending another person to attend the Live or Video Replay program when the original registrant is unable to attend. Substitution requests must be received by 9:00a ET one (1) week prior to the program start date. The substituted person may be assessed a different fee based on their NCBA membership classification. Cancellation, transfer and substitution requests must be provided in writing by email at askcle@ncbar.org or by calling 800.228.3402. If an attendee misses any portion of a program, that portion is not subject to substitution, refund or transfer. NO-SHOWS: Anyone who is registered for a program, including CLE Premier Pass holders, but does not check in is considered a no-show. No-shows are not issued a refund, and Premier Pass holders will be assessed a $75 administrative fee. These registrants will receive the digital materials, available in their online accounts, in full consideration of tuition paid. MISCELLANEOUS: The NCBA reserves the right to cancel or reschedule programs at any time. Should the NCBA cancel or reschedule a program, registrants may elect to receive a full refund or attend the newly scheduled program. Notifications regarding program changes will be sent to the email address on file. The NCBA is not responsible for any additional expenses incurred as a result of such cancellation or rescheduling. Each attorney must maintain a record of his or her attendance for the NC State Bar Annual Report. MCLE credit is reported by the NCBA only if a NC State Bar number is provided. Registration and attendance at NCBA CLE programs constitutes an agreement by the registrant with the NCBA for use and distribution of the attendee's image or voice in photographs, videotapes, electronic reproductions and audiotapes of such programs and activities. Unless specified, spouses or guests are not eligible to attend NCBA CLE programs and activities without registering to attend. These terms are subject to change.

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www.tinyurl.com/PremierPass